Content Outline Stephenie Wang 11/09/16

Project title: The Sport of Ultimate Frisbee

I want to build a multiple page website, with tabs that have all the different elements/characteristics that is important to the sport of ultimate.

## 1. Home Page

- a. The homepage will be a simple single photo that spans the screen with some kind of a sidebar designed that has all the different tabs to this website
- b. It will also have a short intro (from the wiki page) on the home page as well
- c. But the majority of the home page will consist of the background image

## 2. History/invention of the Ultimate

- a. From the wiki source
- b. Talk about the invention of the disc
- c. Origin of Frisbee (Amherst College)
- d. Maybe talk about Wham-O and Discraft companies (helped spread and improve frisbee quality)

## 3. Rules

- a. In this page, there will be multiple sections that divide the make of this game, though they will all be on one page (or I could do multiple tabs if I have time, or if it wont be too complicated)
- b. Field
  - i. Dimensions 40m x 110m
  - ii. End zones/playing field
- c. Basics of the game
  - i. 7 players from each team on the field as a time so 14 players total
  - ii. Disc is thrown from one end zone to the other, by the team on defense to the team on offense to start play
  - iii. Player must pass/throw the disc up field to their end zone for a score (offense)
  - iv. Defense must either play man-defense or some variation of zone defense
    - 1. When guarding someone with the disc, must establish a defensive "mark" and count to stall 10. The offender has 10 stalls to throw the disc. If not thrown in that time, then it is a turn over.
  - v. Once disc is caught, can not travel with the disc in hand, can only pivot on one established foot
  - vi. Dropping a throw, or getting intercepted = turnover, resulting in opposite team going offense
  - vii. Score: disc must be caught in the end zone
- d. Fouls/calls
  - i. Different defensive/offensive foul calls:
    - 1. Reckless play
    - 2. Pick

- 3. Strip
- 4. Contact
- 5. Disc space
- 6. Travel
- 7. Fast count
- 4. Spirit of the game
  - a. how ultimate is a self-ref game, meaning players decide fouls and talk amongst themselves to come to a conclusion
  - b. observers and their roles in games
  - c. the community that Ultimate has
- 5. Competitive level/competitions
  - a. Highschool and younger
  - b. College
  - c. Club
  - d. Professional League (AUDL)